

TIME	TITLE	DESCRIPTION	ADDITIONAL INFO
09:00 180'	pre-organisation	Print out recipes and make a shopping list, print out "place cards" for the candidates and their likenesses for the walls. Create idea bubbles and print/paint/draw them, with ideas for possible question-helps for the participants.	
12:00 180'	Shopping	from about two to three hours for shopping / list and transport. Take recipes with you and bring them to the localities (laminated).	
15:00 180'	Preparation of the location	Washing ingredients, cutting, preparing the room(s), setting up tables, preparing cutlery and plates, washing up/mopping/vacuuming, airing, checking printed recipes against the shopping, possibly running last-minute errands, depending on whether everything goes according to plan or changes occur at short notice.	
18:00 10'	Introduction	Presentation of the rules, the schedule and the OB candidates, plus a large group photo of the entire group.	
18:10 25'	Cooking block #1	Participants start preparing a course at a randomly drawn table and rotate to the next table/station after 25 minutes.	
18:35 25'	Cooking block #2	The participants continue cooking at the next table/station. Rotate again after 25 minutes.	
19:00 25'	Cooking block #3	The participants continue cooking at the next table/station. Rotate again after 25 minutes.	
19:25 25'	Cooking block #4	The participants finish cooking at the last table / next station. Finish after 25 minutes, if more time is needed at one or more tables, the last station can be extended by ten to fifteen minutes.	
19:50 70'	Eating together	At the big table. Candidates are placed in specific positions at the table to have as much interaction as possible with the participants. The focus is on casual conversation and eating together.	
21:00 15'	Videostatements	Participants and candidates will be given the opportunity to express their opinion in 10-second mini-video statements "That's why I vote" and "That's why it's worth having a say".	
21:15 120'	Washing up and cleaning up	Depending on how many helpers are willing to help the organisers and facilitators with cleaning up and washing up, this block will be shorter or longer.	
23:15 10'	End of the activity	Closing off the room / the premises and saying goodbye to the participants, facilitators and organisers (all responsible persons)	
23:25			

TOTAL LENGTH: 14:25

Cooking with the candidates - block details

09:00
180' **pre-organisation**

Print out recipes and make a shopping list, print out "place cards" for the candidates and their likenesses for the walls. Create idea bubbles and print/paint/draw them, with ideas for possible question-helps for the participants.

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10' **Introduction**

Presentation of the rules, the schedule and the OB candidates, plus a large group photo of the entire group.

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25' **Cooking block #1**

Participants start preparing a course at a randomly drawn table and rotate to the next table/station after 25 minutes.

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25' **Cooking block #2**

The participants continue cooking at the next table/station. Rotate again after 25 minutes.

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25' **Cooking block #3**

The participants continue cooking at the next table/station. Rotate again after 25 minutes.

19:25
25' **Cooking block #4**

The participants finish cooking at the last table / next station. Finish after 25 minutes, if more time is needed at one or more tables, the last station can be extended by ten to fifteen minutes.

19:50
70' **Eating together**

At the big table. Candidates are placed in specific positions at the table to have as much interaction as possible with the participants. The focus is on casual conversation and eating together.

21:00
15' **Videostatements**

Participants and candidates will be given the opportunity to express their opinion in 10-second mini-video statements "That's why I vote" and "That's why it's worth having a say".

21:15
120'

Washing up and cleaning up

Depending on how many helpers are willing to help the organisers and facilitators with cleaning up and washing up, this block will be shorter or longer.

23:15
10'

End of the activity

Closing off the room / the premises and saying goodbye to the participants, facilitators and organisers (all responsible persons)
