Cooking with the candidates



"place cards" for the candidates and their likenesses for the walls. Create idea bubbles and print/paint/draw them, with ideas for possible question-helps for the participants. Shopping from about two to three hours for shopping / list and transport. Take recipes with you and bring them to the localities (laminated). Preparation of the location Washing ingredients, cutting, preparing the room(s), setting up tables, preparing cutlery and plates, washing up/mopping/vacuuming, airing, checking printed recipes against the shopping, possibly running last-minute errands, depending on whether everything goes according to plan or changes occur at short notice. Introduction Presentation of the rules, the schedule and the OB candidates, plus a large group photo of the entire group. Cooking block #1 Participants start preparing a course at a randomly drawn table and rotate to the next table/station after 25 minutes. Cooking block #2 The participants continue cooking at the next table/station. Rotate again after 25 minutes. Cooking block #3 The participants continue cooking at the next table/station. Finish after 25 minutes. Cooking block #4 The participants sinish cooking at the last table / next station. Finish after 25 minutes. Cooking block #4 The participants finish cooking at the last table / next station. Finish after 25 minutes, if more time is needed at one or more tables, the last station can be extended by ten to fifteen minute, if more time is needed at one or more tables, the last station can be extended by ten to fifteen minute, and minutes, if more time is needed at one or more tables, the last station and be extended by ten to fifteen minute, and minutes, if more time is needed at one or more tables, the last station and be extended by ten to fifteen minutes, if more time is needed at one or more tables, the last station and be extended by ten to fifteen minutes and minutes, if more time is needed at one or more tables, the last station and be extended by ten to fifteen minutes and minutes. Videost	IME	TITLE	DESCRIPTION	ADDITIONAL INFO
Shopping from about two to three hours for shopping / list and transport. Take recipes with you and bring them to the localities (laminated). Preparation of the location Washing ingredients, cutting, preparing the room(s), setting up tables, preparing cutlery and plates, washing up/mopping/vacuuming, airing, checking printed recipes against the shopping, possibly running last-minute errands, depending on whether everything goes according to plan or changes occur at short notice. Presentation of the rules, the schedule and the OB candidates, plus a large group photo of the entire group. Cooking block #1 Participants start preparing a course at a randomly drawn table and rotate to the next table/station after 25 minutes. Cooking block #2 The participants continue cooking at the next table/station short again after 25 minutes. Cooking block #3 The participants continue cooking at the next table/station. Rotate again after 25 minutes. Cooking block #4 The participants finish cooking at the last table / next station. Finish after 25 minutes, if more time is needed at one or more tables, the last station can be extended by ten to fifteen minutes. At the big table. Candidates are placed in specific positions at the table to have as much interaction as possible with the participants. The focus is on casual conversation and eating together. Videostatements Participants and candidates will be given the opportunity to express their opinion in 10-second mini-video statements "That's why I vote" and "That's why It's worth having a say". Washing up and cleaning up Depending on how many helpers are willing to help the organisers and facilitators with cleaning up and washing up, this block will be shorter or longer. End of the activity Closing off the room / the premises and saying goodbye to the participants, facilitators and organisers (all responsible persons)	09:00 180'	pre-organisation	"place cards" for the candidates and their likenesses for the walls. Create idea bubbles and print/paint/draw	
transport. Take recipes with you and bring them to the localities (laminated). Washing ingredients, cutting, preparing the room(s), setting up tables, preparing cutlery and plates, washing up/mopping/vacuuming, airing, checking printed recipes against the shopping, possibly running last-minute errands, depending on whether everything goes according to plan or changes occur at short notice. Introduction Presentation of the rules, the schedule and the OB candidates, plus a large group photo of the entire group. Cooking block #1 Participants start preparing a course at a randomly drawn table and rotate to the next table/station after 25 minutes. Cooking block #2 The participants continue cooking at the next table/station. Rotate again after 25 minutes. Cooking block #3 The participants continue cooking at the next table/station. Rotate again after 25 minutes. Cooking block #4 The participants finish cooking at the last table / next station. Finish after 25 minutes, if more time is needed at one or more tables, the last station can be extended by ten to fifteen minutes. At the big table. Candidates are placed in specific positions at the table to have as much interaction as possible with the participants. The focus is on casual conversation and eating together. Videostatements Participants and candidates will be given the opportunity to express their opinion in 10-second mini-video statements "That's why I vote" and "That's why It's worth having a say". Washing up and cleaning up the preparation of the premises and saying goodbye to the participants, facilitators and organisers (all responsible persons)			participants.	
transport. Take recipes with you and bring them to the localities (laminated). Washing ingredients, cutting, preparing the room(s), setting up tables, preparing cutlery and plates, washing up/mopping/vacuuming, airing, checking printed recipes against the shopping, possibly running last-minute errands, depending on whether everything goes according to plan or changes occur at short notice. Introduction Presentation of the rules, the schedule and the OB candidates, plus a large group photo of the entire group. Cooking block #1 Participants start preparing a course at a randomly drawn table and rotate to the next table/station after 25 minutes. Cooking block #2 The participants continue cooking at the next table/station. Rotate again after 25 minutes. Cooking block #3 The participants continue cooking at the next table/station. Rotate again after 25 minutes. Cooking block #4 The participants finish cooking at the last table / next station. Finish after 25 minutes, if more time is needed at one or more tables, the last station can be extended by ten to fifteen minutes. At the big table. Candidates are placed in specific positions at the table to have as much interaction as possible with the participants. The focus is on casual conversation and eating together. Videostatements Participants and candidates will be given the opportunity to express their opinion in 10-second mini-video statements "That's why I vote" and "That's why It's worth having a say". Washing up and cleaning up the preparation of the premises and saying goodbye to the participants, facilitators and organisers (all responsible persons)	12:00	Shopping	from about two to three hours for shopping / list and	
setting up tables, preparing cutlery and plates, washing up/mopping/vacuuming, airing, checking printed recipes against the shopping, possibly running last-minute errands, depending on whether everything goes according to plan or changes occur at short notice. Introduction Presentation of the rules, the schedule and the OB candidates, plus a large group photo of the entire group. Cooking block #1 Participants start preparing a course at a randomly drawn table and rotate to the next table/station after 25 minutes. Cooking block #2 The participants continue cooking at the next table/station. Rotate again after 25 minutes. Cooking block #3 The participants continue cooking at the next table/station. Rotate again after 25 minutes. Cooking block #4 The participants continue cooking at the next table/station. Rotate again after 25 minutes. Cooking block #4 The participants finish cooking at the last table / next station. Finish after 25 minutes. Cooking block #4 The participants finish cooking at the last table / next station. Finish after 25 minutes, if more time is needed at one or more tables, the last station can be extended by ten to fifteen minutes. Eating together At the big table. Candidates are placed in specific positions at the table to have as much interaction as possible with the participants. The focus is on casual conversation and eating together. Videostatements Participants and candidates will be given the opportunity to express their opinion in 10-second mini-video statements "That's why I vote" and "That's why it's worth having a say". Washing up and cleaning up, this block will be shorter or longer. End of the activity Closing off the room / the premises and saying goodbye to the participants, facilitators and organisers (all responsible persons)	180'		transport. Take recipes with you and bring them to the	
up/mopping/vacuuming, airing, checking printed recipes against the shopping, possibly running last-minute errands, depending on whether everything goes according to plan or changes occur at short notice. Introduction Presentation of the rules, the schedule and the OB candidates, plus a large group photo of the entire group. Cooking block #1 Participants start preparing a course at a randomly drawn table and rotate to the next table/station after 25 minutes. Cooking block #2 The participants continue cooking at the next table/station. Rotate again after 25 minutes. Cooking block #3 The participants continue cooking at the next table/station. Rotate again after 25 minutes. Cooking block #4 The participants finish cooking at the last table / next station. Finish after 25 minutes, if more time is needed at one or more tables, the last station can be extended by ten to fifteen minutes. Eating together At the big table. Candidates are placed in specific positions at the table to have as much interaction as possible with the participants. The focus is on casual conversation and eating together. Videostatements Participants and candidates will be given the opportunity to express their opinion in 10-second mini-video statements "That's why I vote" and "That's why it's worth having a say". Washing up and cleaning up. Depending on how many helpers are willing to help the organisers and facilitators with cleaning up and washing up, this block will be shorter or longer. End of the activity Closing off the room / the premises and saying goodbye to the participants, facilitators and organisers (all responsible persons)	15:00	Preparation of the	Washing ingredients, cutting, preparing the room(s),	
against the shopping, possibly running last-minute errands, depending on whether everything goes according to plan or changes occur at short notice. Introduction Presentation of the rules, the schedule and the OB candidates, plus a large group photo of the entire group. Cooking block #1 Participants start preparing a course at a randomly drawn table and rotate to the next table/station after 25 minutes. Cooking block #2 The participants continue cooking at the next table/station. Rotate again after 25 minutes. Cooking block #3 The participants continue cooking at the next table/station. Rotate again after 25 minutes. Cooking block #4 The participants finish cooking at the last table / next station. Finish after 25 minutes, if more time is needed at one or more tables, the last station can be extended by ten to fifteen minutes. Eating together At the big table. Candidates are placed in specific positions at the table to have as much interaction as possible with the participants. The focus is on casual conversation and eating together. Videostatements Participants and candidates will be given the opportunity to express their opinion in 10-second mini-video statements "That's why I vote" and "That's why it's worth having a say". Washing up and cleaning up, this block will be shorter or longer. Mashing up and cleaning up, this block will be shorter or longer. Closing off the room / the premises and saying goodbye to the participants, facilitators and organisers (all responsible persons)	180'	location		
Introduction Presentation of the rules, the schedule and the OB candidates, plus a large group photo of the entire group. Cooking block #1 Participants start preparing a course at a randomly drawn table and rotate to the next table/station after 25 minutes. Cooking block #2 The participants continue cooking at the next table/station after 25 minutes. Cooking block #3 The participants continue cooking at the next table/station. Rotate again after 25 minutes. Cooking block #3 The participants continue cooking at the next table/station. Rotate again after 25 minutes. Cooking block #4 The participants finish cooking at the next table / next station. Finish after 25 minutes, if more time is needed at one or more tables, the last station can be extended by ten to fifteen minutes. Eating together At the big table. Candidates are placed in specific positions at the table to have as much interaction as possible with the participants. The focus is on casual conversation and eating together. Videostatements Participants and candidates will be given the opportunity to express their opinion in 10-second mini-video statements "That's why I vote" and "That's why it's worth having a say". Washing up and cleaning up. Depending on how many helpers are willing to help the organisers and facilitators with cleaning up and washing up, this block will be shorter or longer. End of the activity Closing off the room / the premises and saying goodbye to the participants, facilitators and organisers (all responsible persons)				
Introduction Presentation of the rules, the schedule and the OB candidates, plus a large group photo of the entire group. Cooking block #1 Participants start preparing a course at a randomly drawn table and rotate to the next table/station after 25 minutes. Cooking block #2 The participants continue cooking at the next table/station after 25 minutes. Cooking block #3 The participants continue cooking at the next table/station. Rotate again after 25 minutes. Cooking block #3 The participants continue cooking at the next table/station. Rotate again after 25 minutes. Cooking block #4 The participants finish cooking at the last table / next station. Finish after 25 minutes, if more time is needed at one or more tables, the last station can be extended by ten to fifteen minutes. Eating together At the big table. Candidates are placed in specific positions at the table to have as much interaction as possible with the participants. The focus is on casual conversation and eating together. Videostatements Participants and candidates will be given the opportunity to express their opinion in 10-second mini-video statements "That's why I vote" and "That's why it's worth having a say". Washing up and cleaning up been ding on how many helpers are willing to help the organisers and facilitators with cleaning up and washing up, this block will be shorter or longer. End of the activity Closing off the room / the premises and saying goodbye to the participants, facilitators and organisers (all responsible persons)				
Introduction Presentation of the rules, the schedule and the OB candidates, plus a large group photo of the entire group. Cooking block #1 Participants start preparing a course at a randomly drawn table and rotate to the next table/station after 25 minutes. Cooking block #2 The participants continue cooking at the next table/station. Rotate again after 25 minutes. Cooking block #3 The participants continue cooking at the next table/station. Rotate again after 25 minutes. Cooking block #4 The participants finish cooking at the last table / next station. Finish after 25 minutes, if more time is needed at one or more tables, the last station can be extended by ten to fifteen minutes. Eating together At the big table. Candidates are placed in specific positions at the table to have as much interaction as possible with the participants. The focus is on casual conversation and eating together. Videostatements Participants and candidates will be given the opportunity to express their opinion in 10-second mini-video statements "That's why I vote" and "That's why it's worth having a say". Washing up and cleaning up and cleaning up, this block will be shorter or longer. End of the activity Closing off the room / the premises and saying goodbye to the participants, facilitators and organisers (all responsible persons)				
Cooking block #1 Participants start preparing a course at a randomly drawn table and rotate to the next table/station after 25 minutes. Cooking block #2 The participants continue cooking at the next table/station after 25 minutes. Cooking block #3 The participants continue cooking at the next table/station. Rotate again after 25 minutes. Cooking block #3 The participants continue cooking at the next table/station. Rotate again after 25 minutes. Cooking block #4 The participants finish cooking at the last table / next station. Finish after 25 minutes, if more time is needed at one or more tables, the last station can be extended by ten to fifteen minutes. Eating together At the big table. Candidates are placed in specific positions at the table to have as much interaction as possible with the participants. The focus is on casual conversation and eating together. Videostatements Participants and candidates will be given the opportunity to express their opinion in 10-second mini-video statements "That's why I vote" and "That's why it's worth having a say". Washing up and cleaning up Depending on how many helpers are willing to help the organisers and facilitators with cleaning up and washing up, this block will be shorter or longer. End of the activity Closing off the room / the premises and saying goodbye to the participants, facilitators and organisers (all responsible persons)			according to plan or changes occur at short notice.	
Cooking block #1 Participants start preparing a course at a randomly drawn table and rotate to the next table/station after 25 minutes. Cooking block #2 The participants continue cooking at the next table/station. Rotate again after 25 minutes. Cooking block #3 The participants continue cooking at the next table/station. Rotate again after 25 minutes. Cooking block #4 The participants finish cooking at the last table / next station. Finish after 25 minutes. Cooking block #4 The participants finish cooking at the last stable / next station. Finish after 25 minutes, if more time is needed at one or more tables, the last station can be extended by ten to fifteen minutes. Eating together At the big table. Candidates are placed in specific positions at the table to have as much interaction as possible with the participants. The focus is on casual conversation and eating together. Videostatements Participants and candidates will be given the opportunity to express their opinion in 10-second mini-video statements "That's why I vote" and "That's why it's worth having a say". Washing up and cleaning up and cleaning up Depending on how many helpers are willing to help the organisers and facilitators with cleaning up and washing up, this block will be shorter or longer. End of the activity Closing off the room / the premises and saying goodbye to the participants, facilitators and organisers (all responsible persons)	18:00	Introduction	Presentation of the rules, the schedule and the OB	
drawn table and rotate to the next table/station after 25 minutes. Cooking block #2 The participants continue cooking at the next table/station. Rotate again after 25 minutes. Cooking block #3 The participants continue cooking at the next table/station. Rotate again after 25 minutes. Cooking block #4 The participants finish cooking at the last table / next station. Finish after 25 minutes, if more time is needed at one or more tables, the last station can be extended by ten to fifteen minutes. Eating together At the big table. Candidates are placed in specific positions at the table to have as much interaction as possible with the participants. The focus is on casual conversation and eating together. Videostatements Participants and candidates will be given the opportunity to express their opinion in 10-second mini-video statements "That's why I vote" and "That's why it's worth having a say". Washing up and cleaning up bepending on how many helpers are willing to help the organisers and facilitators with cleaning up and washing up, this block will be shorter or longer. End of the activity Closing off the room / the premises and saying goodbye to the participants, facilitators and organisers (all responsible persons)	10'		candidates, plus a large group photo of the entire group.	
minutes. Cooking block #2 The participants continue cooking at the next table/station. Rotate again after 25 minutes. Cooking block #3 The participants continue cooking at the next table/station. Rotate again after 25 minutes. Cooking block #4 The participants finish cooking at the last table / next station. Finish after 25 minutes, if more time is needed at one or more tables, the last station can be extended by ten to fifteen minutes. Eating together At the big table. Candidates are placed in specific positions at the table to have as much interaction as possible with the participants. The focus is on casual conversation and eating together. Videostatements Participants and candidates will be given the opportunity to express their opinion in 10-second mini-video statements "That's why I vote" and "That's why it's worth having a say". Washing up and cleaning up Washing up and cleaning open how many helpers are willing to help the organisers and facilitators with cleaning up and washing up, this block will be shorter or longer. End of the activity Closing off the room / the premises and saying goodbye to the participants, facilitators and organisers (all responsible persons)	18:10	Cooking block #1	Participants start preparing a course at a randomly	
Cooking block #2 The participants continue cooking at the next table/station. Rotate again after 25 minutes. Cooking block #3 The participants continue cooking at the next table/station. Rotate again after 25 minutes. Cooking block #4 The participants finish cooking at the last table / next station. Finish after 25 minutes, if more time is needed at one or more tables, the last station can be extended by ten to fifteen minutes. Eating together At the big table. Candidates are placed in specific positions at the table to have as much interaction as possible with the participants. The focus is on casual conversation and eating together. Videostatements Participants and candidates will be given the opportunity to express their opinion in 10-second mini-video statements "That's why I vote" and "That's why it's worth having a say". Washing up and cleaning up Depending on how many helpers are willing to help the organisers and facilitators with cleaning up and washing up, this block will be shorter or longer. End of the activity Closing off the room / the premises and saying goodbye to the participants, facilitators and organisers (all responsible persons)	25'			
table/station. Rotate again after 25 minutes. Cooking block #3 The participants continue cooking at the next table/station. Rotate again after 25 minutes. Cooking block #4 The participants finish cooking at the last table / next station. Finish after 25 minutes, if more time is needed at one or more tables, the last station can be extended by ten to fifteen minutes. Eating together At the big table. Candidates are placed in specific positions at the table to have as much interaction as possible with the participants. The focus is on casual conversation and eating together. Videostatements Participants and candidates will be given the opportunity to express their opinion in 10-second mini-video statements "That's why I vote" and "That's why it's worth having a say". Washing up and cleaning up Depending on how many helpers are willing to help the organisers and facilitators with cleaning up and washing up, this block will be shorter or longer. End of the activity Closing off the room / the premises and saying goodbye to the participants, facilitators and organisers (all responsible persons)			minutes.	
table/station. Rotate again after 25 minutes. Cooking block #3 The participants continue cooking at the next table/station. Rotate again after 25 minutes. Cooking block #4 The participants finish cooking at the last table / next station. Finish after 25 minutes, if more time is needed at one or more tables, the last station can be extended by ten to fifteen minutes. Eating together At the big table. Candidates are placed in specific positions at the table to have as much interaction as possible with the participants. The focus is on casual conversation and eating together. Videostatements Participants and candidates will be given the opportunity to express their opinion in 10-second mini-video statements "That's why I vote" and "That's why it's worth having a say". Washing up and cleaning up Depending on how many helpers are willing to help the organisers and facilitators with cleaning up and washing up, this block will be shorter or longer. End of the activity Closing off the room / the premises and saying goodbye to the participants, facilitators and organisers (all responsible persons)	18:35	Cooking block #2	The participants continue cooking at the next	
table/station. Rotate again after 25 minutes. Cooking block #4 The participants finish cooking at the last table / next station. Finish after 25 minutes, if more time is needed at one or more tables, the last station can be extended by ten to fifteen minutes. Eating together At the big table. Candidates are placed in specific positions at the table to have as much interaction as possible with the participants. The focus is on casual conversation and eating together. Videostatements Participants and candidates will be given the opportunity to express their opinion in 10-second mini-video statements "That's why I vote" and "That's why it's worth having a say". Washing up and cleaning up Depending on how many helpers are willing to help the organisers and facilitators with cleaning up and washing up, this block will be shorter or longer. End of the activity Closing off the room / the premises and saying goodbye to the participants, facilitators and organisers (all responsible persons)	25'		table/station. Rotate again after 25 minutes.	
Cooking block #4 The participants finish cooking at the last table / next station. Finish after 25 minutes, if more time is needed at one or more tables, the last station can be extended by ten to fifteen minutes. Eating together At the big table. Candidates are placed in specific positions at the table to have as much interaction as possible with the participants. The focus is on casual conversation and eating together. Videostatements Participants and candidates will be given the opportunity to express their opinion in 10-second mini-video statements "That's why I vote" and "That's why it's worth having a say". Washing up and cleaning up Depending on how many helpers are willing to help the organisers and facilitators with cleaning up and washing up, this block will be shorter or longer. End of the activity Closing off the room / the premises and saying goodbye to the participants, facilitators and organisers (all responsible persons)	19:00	Cooking block #3	The participants continue cooking at the next	
station. Finish after 25 minutes, if more time is needed at one or more tables, the last station can be extended by ten to fifteen minutes. Eating together At the big table. Candidates are placed in specific positions at the table to have as much interaction as possible with the participants. The focus is on casual conversation and eating together. Videostatements Participants and candidates will be given the opportunity to express their opinion in 10-second mini-video statements "That's why I vote" and "That's why it's worth having a say". Washing up and cleaning up Depending on how many helpers are willing to help the organisers and facilitators with cleaning up and washing up, this block will be shorter or longer. Closing off the room / the premises and saying goodbye to the participants, facilitators and organisers (all responsible persons)	25'		table/station. Rotate again after 25 minutes.	
at one or more tables, the last station can be extended by ten to fifteen minutes. At the big table. Candidates are placed in specific positions at the table to have as much interaction as possible with the participants. The focus is on casual conversation and eating together. Videostatements Participants and candidates will be given the opportunity to express their opinion in 10-second mini-video statements "That's why I vote" and "That's why it's worth having a say". Washing up and cleaning up and cleaning up, this block will be shorter or longer. End of the activity Closing off the room / the premises and saying goodbye to the participants, facilitators and organisers (all responsible persons)	19:25	Cooking block #4	The participants finish cooking at the last table / next	
by ten to fifteen minutes. At the big table. Candidates are placed in specific positions at the table to have as much interaction as possible with the participants. The focus is on casual conversation and eating together. Videostatements Participants and candidates will be given the opportunity to express their opinion in 10-second mini-video statements "That's why I vote" and "That's why it's worth having a say". Washing up and cleaning up Depending on how many helpers are willing to help the organisers and facilitators with cleaning up and washing up, this block will be shorter or longer. Closing off the room / the premises and saying goodbye to the participants, facilitators and organisers (all responsible persons)	25'			
At the big table. Candidates are placed in specific positions at the table to have as much interaction as possible with the participants. The focus is on casual conversation and eating together. Videostatements Participants and candidates will be given the opportunity to express their opinion in 10-second mini-video statements "That's why I vote" and "That's why it's worth having a say". Washing up and cleaning up Depending on how many helpers are willing to help the organisers and facilitators with cleaning up and washing up, this block will be shorter or longer. End of the activity Closing off the room / the premises and saying goodbye to the participants, facilitators and organisers (all responsible persons)			at one or more tables, the last station can be extended	
positions at the table to have as much interaction as possible with the participants. The focus is on casual conversation and eating together. Videostatements Participants and candidates will be given the opportunity to express their opinion in 10-second mini-video statements "That's why I vote" and "That's why it's worth having a say". Washing up and cleaning up Depending on how many helpers are willing to help the organisers and facilitators with cleaning up and washing up, this block will be shorter or longer. End of the activity Closing off the room / the premises and saying goodbye to the participants, facilitators and organisers (all responsible persons)			by ten to fifteen minutes.	
positions at the table to have as much interaction as possible with the participants. The focus is on casual conversation and eating together. Videostatements Participants and candidates will be given the opportunity to express their opinion in 10-second mini-video statements "That's why I vote" and "That's why it's worth having a say". Washing up and cleaning up Depending on how many helpers are willing to help the organisers and facilitators with cleaning up and washing up, this block will be shorter or longer. End of the activity Closing off the room / the premises and saying goodbye to the participants, facilitators and organisers (all responsible persons)	19:50	Eating together	At the big table. Candidates are placed in specific	
Conversation and eating together. Videostatements Participants and candidates will be given the opportunity to express their opinion in 10-second mini-video statements "That's why I vote" and "That's why it's worth having a say". Washing up and cleaning up Depending on how many helpers are willing to help the organisers and facilitators with cleaning up and washing up, this block will be shorter or longer. End of the activity Closing off the room / the premises and saying goodbye to the participants, facilitators and organisers (all responsible persons)	70'		· · · · · · · · · · · · · · · · · · ·	
Videostatements Participants and candidates will be given the opportunity to express their opinion in 10-second mini-video statements "That's why I vote" and "That's why it's worth having a say". Washing up and cleaning up Depending on how many helpers are willing to help the organisers and facilitators with cleaning up and washing up, this block will be shorter or longer. End of the activity Closing off the room / the premises and saying goodbye to the participants, facilitators and organisers (all responsible persons)			possible with the participants. The focus is on casual	
to express their opinion in 10-second mini-video statements "That's why I vote" and "That's why it's worth having a say". Depending on how many helpers are willing to help the organisers and facilitators with cleaning up and washing up, this block will be shorter or longer. End of the activity Closing off the room / the premises and saying goodbye to the participants, facilitators and organisers (all responsible persons)			conversation and eating together.	
statements "That's why I vote" and "That's why it's worth having a say". Washing up and cleaning up up Depending on how many helpers are willing to help the organisers and facilitators with cleaning up and washing up, this block will be shorter or longer. Closing off the room / the premises and saying goodbye to the participants, facilitators and organisers (all responsible persons)	21:00	Videostatements	Participants and candidates will be given the opportunity	
having a say". Depending on how many helpers are willing to help the organisers and facilitators with cleaning up and washing up, this block will be shorter or longer. End of the activity Closing off the room / the premises and saying goodbye to the participants, facilitators and organisers (all responsible persons)	15'			
Washing up and cleaning up up and cleaning up up Depending on how many helpers are willing to help the organisers and facilitators with cleaning up and washing up, this block will be shorter or longer. End of the activity Closing off the room / the premises and saying goodbye to the participants, facilitators and organisers (all responsible persons)			statements "That's why I vote" and "That's why it's worth	
organisers and facilitators with cleaning up and washing up, this block will be shorter or longer. End of the activity Closing off the room / the premises and saying goodbye to the participants, facilitators and organisers (all responsible persons)			having a say".	
up, this block will be shorter or longer. Closing off the room / the premises and saying goodbye to the participants, facilitators and organisers (all responsible persons)	21:15	Washing up and cleaning		
Closing off the room / the premises and saying goodbye to the participants, facilitators and organisers (all responsible persons)	120'	up		
to the participants, facilitators and organisers (all responsible persons)			up, this block will be shorter or longer.	
to the participants, facilitators and organisers (all responsible persons)	23:15	End of the activity	Closing off the room / the premises and saying goodbye	
	10'	-		
25				
	23:25			

TOTAL LENGTH: 14:25

Cooking with the candidates - block details

09:00 pre-organisation

Print out recipes and make a shopping list, print out "place cards" for the candidates and their likenesses for the walls. Create idea bubbles and print/paint/draw them, with ideas for possible question-helps for the participants.

12:00 Shopping

from about two to three hours for shopping / list and transport. Take recipes with you and bring them to the localities (laminated).

15:00 180' Preparation of the location

Washing ingredients, cutting, preparing the room(s), setting up tables, preparing cutlery and plates, washing up/mopping/vacuuming, airing, checking printed recipes against the shopping, possibly running last-minute errands, depending on whether everything goes according to plan or changes occur at short notice.

18:00 Introduction

Presentation of the rules, the schedule and the OB candidates, plus a large group photo of the entire group.

18:10 **Cooking block #1**

Participants start preparing a course at a randomly drawn table and rotate to the next table/station after 25 minutes.

18:35 Cooking block #2

The participants continue cooking at the next table/station. Rotate again after 25 minutes.

19:00 Cooking block #3

The participants continue cooking at the next table/station. Rotate again after 25 minutes.

19:25 Cooking block #4

The participants finish cooking at the last table / next station. Finish after 25 minutes, if more time is needed at one or more tables, the last station can be extended by ten to fifteen minutes.

19:50 Eating together

At the big table. Candidates are placed in specific positions at the table to have as much interaction as possible with the participants. The focus is on casual conversation and eating together.

21:00 Videostatements

Participants and candidates will be given the opportunity to express their opinion in 10-second minivideo statements "That's why I vote" and "That's why it's worth having a say".

$^{21:15}_{_{120'}}$ Washing up and cleaning up

Depending on how many helpers are willing to help the organisers and facilitators with cleaning up and washing up, this block will be shorter or longer.

$\frac{23:15}{10'}$ End of the activity

Closing off the room / the premises and saying goodbye to the participants, facilitators and organisers (all responsible persons)